Behavior Management Planning Worksheet

- 1. What is the problem behavior?
- 2. What is the opposite of the problem behavior?
- 3. Write the rule positively using the answer from #2.
- 4. What reward will the child get if the rule is followed?
- 5. What consequence will the child get if the rule is not followed?

If you answered "no" to any of the above questions, then rewrite the rule so you can answer "yes" to these questions.		
Are there any loopholes?	🗌 Yes	Νο
Is the rule specific?	🗌 Yes	Νο
Is what you want the child to do stated very clearly?	🗌 Yes	Νο
Is the rule enforceable 100% of the time?	🗌 Yes	🗌 No







