

Approaches to Address Structural Racism

Participant Guide





Approaches to Address Structural Racism Jamila Nightingale, LCSW

Breakout Session #1

Introduction:

- 1) Name and pronouns
- 2) Organization and role
- 3) Length of time in the field

Answer one of the following questions:

- 1) What do you hope to gain from this session
- 2) What motivated you to attend this session
- 3) Where is your organization or team in the continuum of having discussions about structural racism / biases in your organization beginning stages, moderately engaged, doing some deep institutional work?

Breakout Session #2

- 1) Reflect on an institutional bias that you have observed at your organization.
- 2) What is one bias that you feel is a good starting point in trying to apply this framework?
- 3) Map out natural allies that could assist you in this work.



Breakout Session #3

- 1) Identify 2-3 broken structures that negatively impact the overall safety and wellbeing of children and families that access services at your agency
- 2) How would your job duties change if your organization embraced this quote as a mission statement? Our agency's approach to structures that negatively impact child safety positions those structures as "conditions to be challenged" rather than as "facts to be known,"

Breakout Session #4

Utilizing the frameworks reviewed to develop a solution addressing inequalities in CPS reporting

Racism as a Root Cause

- 1. Precise Impact
- 2. Systems Change
- 3. Long Term
- 4. Reparations

Erasing Institutional Bias

- 1. Evaluate your (old) role in perpetuating systemic bias.
- 2. Define Your (New) Role in Breaking Down Systemic Bias
- 3. Cultivate Allies
- 4. Create a Movement



Breakout Session #4 WORKSHEET

Racism as a Root Cause	Your Plan
Long-Term - How will	
you make your plan	
sustainable and	
institutionalized?	
Precise Impact - How	
will you specifically	
address a racially	
marginalized group?	
Who?	
Systems Change -	
Which policies, systems,	
or environments will you	
address?	
Reparations - What	
resources, power, or	
opportunities will you	
shift to racially	
marginalized groups?	



Breakout Session #4 WORKSHEET

Erasing Institutional Bias	Your Plan
Evaluate your (old) role in perpetuating systemic bias.	
Define Your (New) Role in Breaking Down Systemic Bias	
Cultivate Allies	
Create a Movement	

